Placing Our Troops into Protective Custody: When the EMS Providers are Victims of Violence



C. Crawford Mechem, MD
EMS Medical Director
Philadelphia Fire Department

Department of Emergency Medicine Perelman School of Medicine at the University of Pennsylvania

Setting the Stage

- ~22K injured EMS providers seen in EDs (2016)
 - 3500 resulted from assaults
 - Probably many more go unreported
- Survey of Boston EMS providers
 - The majority had concerns for their safety
 - 88% reported verbal assaults
 - 80% reported physical assaults
 - < 50% filed police report or sought care





Best Practices To Prevent Violence

- Limited research on violence, guidance for EMS
- Some proposed best practices:
 - Procedures for responding to potentially violent situations
 - Partner with police to better identify safety threats
 - Ensure priority police assist when needed
 - Training on situational awareness and verbal de-escalation
 - Real-time information exchange between caller, dispatcher, EMS







Literature from Philadelphia



- Drexel University examined assaults on PFD personnel
- Medics 14x more likely to be assaulted than FFs
- Most by patients, often with acute medical condition
 - Hypoglycemia, post-ictal, intoxication, psych
- Males, females equally likely to be assaulted
 - Females more likely to be injured



Literature from Philadelphia



- Assaulted providers felt lack of leadership support
- Legal process complicated, hostile
 - Revictimized, often no consequences
- Insufficient training on managing combative patients
- Desire for personal protection tools
 - Pepper spray, stun guns, martial arts
 - Conflict with medical mission, EMS regs

Assaults and the PFD



- Historically treated like other work-related injuries
- Failed to acknowledge physical, psychological impact
 - Depression, social isolation, substance abuse, PTSD
- Inconsistency in how cases were handled
- Violence Working Group convened to find better way
- Street provider-driven, input from Drexel
- Operational Procedure for Member Assaulted on Duty

Operational Procedure Features

- Covers initial assessment, treatment, follow-up
- Specifies reporting process, documentation, tracking
- Member has right to refuse care documented/tracked
- ERO ensures member gets needed support
- FMO interfaces with DA, represents provider
- Health and Safety Office analyzes, tracks incidents

Drexel and the SAVER Project

- Need better data, evidence to guide policies
- Drexel to study violence in fire-based EMS systems
- Identify risk factors, predictors of violence-related injuries
- Develop checklist, APP for violent incidents
 - Permit better reporting, detailed study
- Implement in Philly, other partner cities
- Goal to develop targeted interventions



Closing Thoughts

- Violence against EMS providers is widespread
- Can impact health, wellness, job satisfaction
- We owe it to our providers to do better
- Solutions include:
 - Acknowledge and determine scope
 - Leadership and department-wide buy-in
 - Specific policies, procedures, training
 - Research to guide solutions



