

# EMS Driving Hospital Care

Juliette M. Saussy, M.D.

Director of EMS

City of New Orleans

Assistant Clinical Professor of  
Medicine

LSU Emergency Medicine

2010

# New Orleans EMS Recruitment Brochure





# Does EMS indeed drive care?



Mayor

Dr. Elder-EMS



# End Tidal CO<sub>2</sub> Qualitative and Quantitative

- ▶ Not currently available in our trauma center
- ▶ ETT confirmation
- ▶ Stops accusations of where ETT comes out
- ▶ Unrecognized esophageal intubation virtually a thing of the past



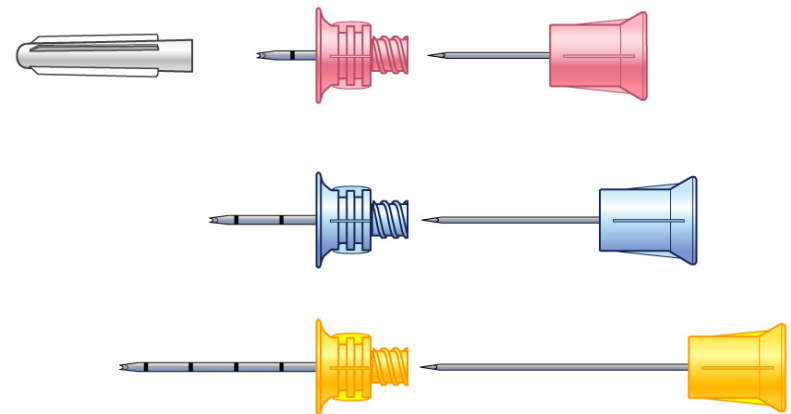
# Therapeutic Hypothermia

- ▶ Hospitals forced to do this in order to get ROSC patients
- ▶ Creates competition among hospitals; resuscitation centers
- ▶ Creation of resuscitation centers
- ▶ Basic (ice chests, cold fluids, ice packs)
  - measuring temperatures pre-hospitally



# Intraosseous Vasculature Access

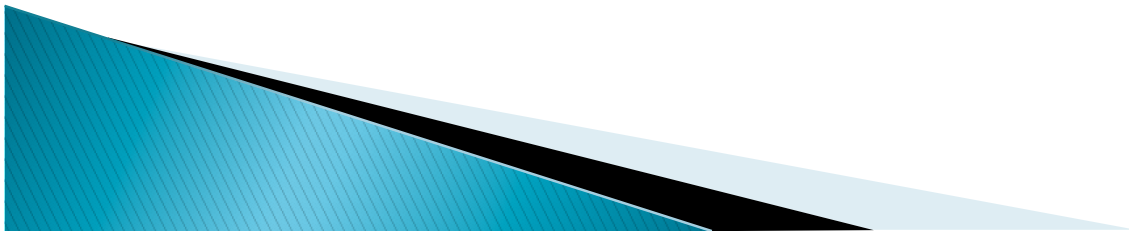
- ▶ Adult and Pediatric IO
- ▶ Immediate access upon arrival in ED
- ▶ Unnecessary emergent central lines in face of CMS directives regarding iatrogenic infections
- ▶ Everyone who needs access gets access
- ▶ Early access in cardiac arrest and improved ROSC





# CPR Devices

- ▶ Effective uninterrupted CPR
- ▶ Medic can focus on arrest management
- ▶ Medic safety
- ▶ Medic satisfaction



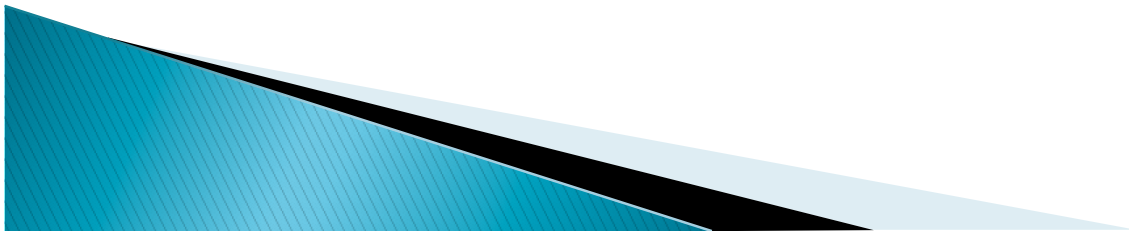
# Impedance Threshold Device

- ▶ Science supports use
- ▶ Need more human data
- ▶ Challenges
- ▶ Expensive
- ▶ Non-reimbursable
- ▶ Need to be bundled



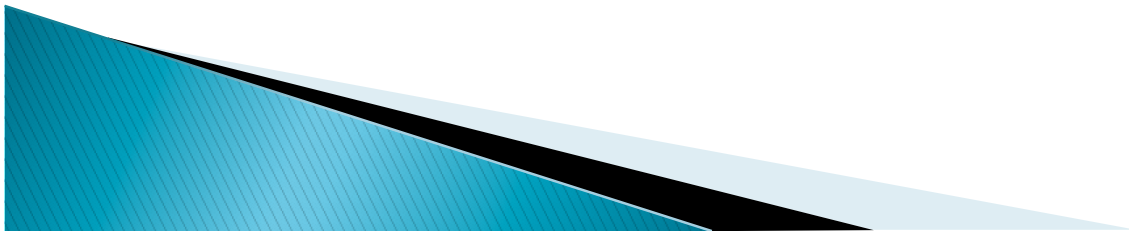
# Difficult Airway Adjuncts

- ▶ ETT introducer
- ▶ King Airway in ED
- ▶ Glidascope
- ▶ LMA's in ED



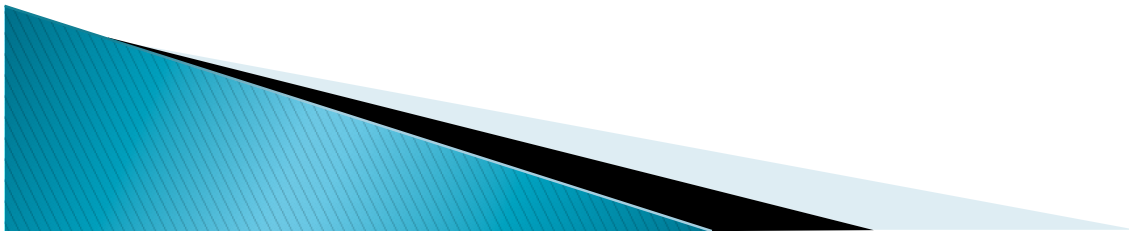
# Pain Management

- ▶ Fentanyl use predominantly driving use in hospital
  - profile (totally synthetic)
    - faster onset
    - faster peak
    - shorter acting
    - less vasoactive
    - more potent (80 times MSO4; 100 heroin)
  - Dosing in a mcg/kg
  - Cost: relatively equal as waste morphine more than fentanyl
  - Downside: apneagenic; high chest wall rigidity
  - some fatal overdoses in cancer patients (duragesic)



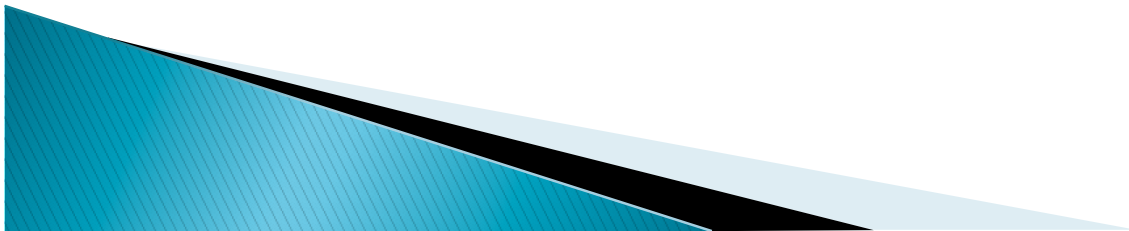
# EMS MD's in the field and ED

- ▶ Enhancing medical decision making
- ▶ Improves relationship between EMS and ED
- ▶ Decreases liability by seeing and examining patient
- ▶ Allows for MD to MD patient reports
- ▶ MD's in the community
- ▶ Helping with difficult social situations and transport decisions



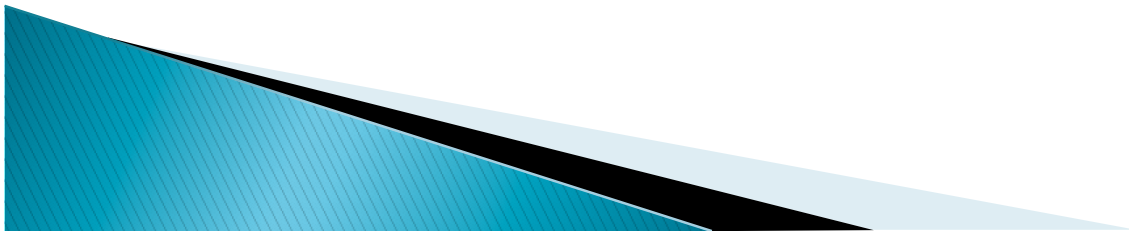
# Temperatures

- ▶ Controversial, but having that vital sign drives triage and treatment in ED
- ▶ Cooling guide
- ▶ Use in pandemic situation (ie screening for PPE use for medics)



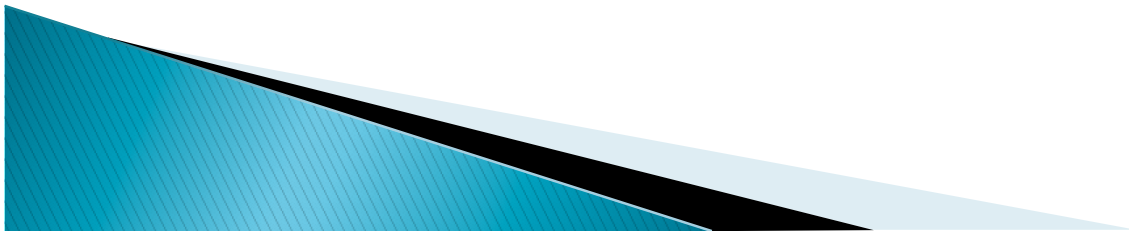
# I-Stat Monitoring for Electrolytes (future)

- ▶ Extreme sports events
- ▶ Dialysis patients
- ▶ New onset seizures
- ▶ dysrhythmias



# Others

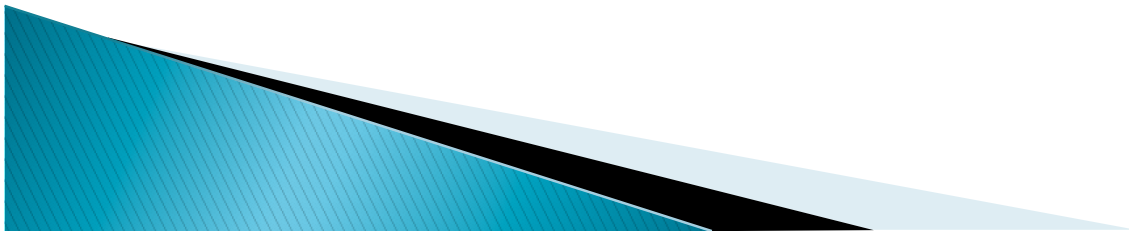
- ▶ CO detection devices
- ▶ I-Stat electrolyte monitoring (debut Sunday)
- ▶ CPAP





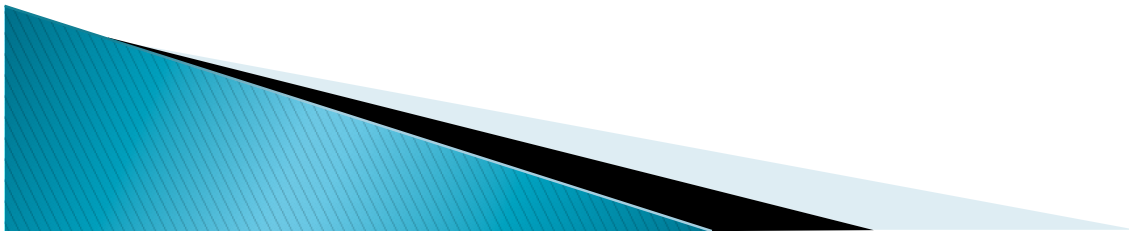
# Pre-hospital Trauma, Stroke and STEMI activation

- ▶ Medics able to initiate hospital “team” approach through pre-hospital report
- ▶ Activations called based on medic assessment
- ▶ No EKG transmission...EKG interpretation combined with history including cardiac risk stratification



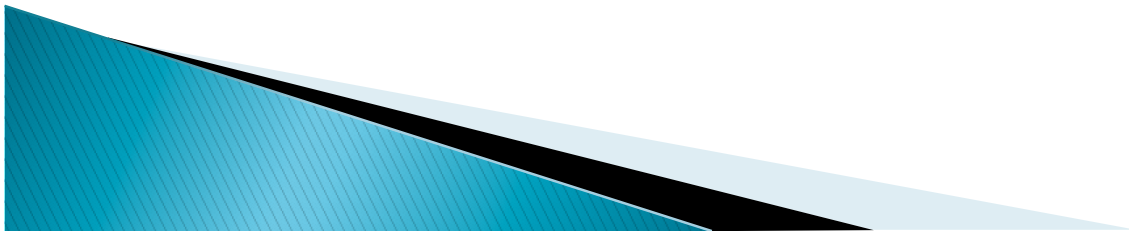
# Ultrasound in Ambulance

- ▶ Early FAST in blunt trauma
- ▶ Pregnancy
- ▶ Trauma and pregnancy
- ▶ Cardiac activity
- ▶ Tamponade



# Destination Decisions

- ▶ Patient choice
  - ▶ Operational considerations–color system
  - ▶ Designated hospitals for:
    - Trauma
    - STEMI
    - Stroke
- “expedited offload” directive



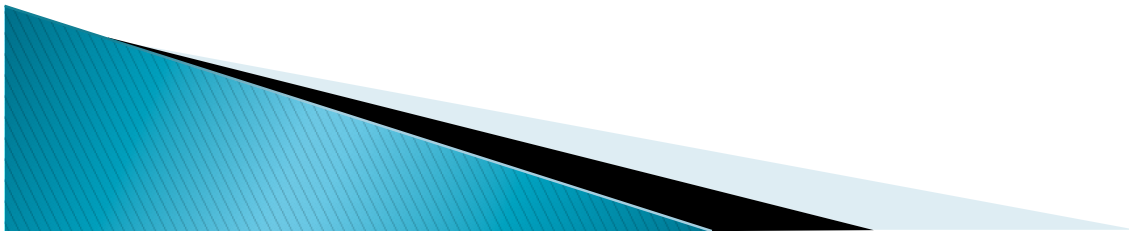
	ED Status	ED Wait Time	Ped ED Wait Time	M/S Holds	Tele Holds	ICU Holds	Psych Holds	Additional Hospital Holds	Comment
Hospital	Open	Green	Green	0	0	0	0	0	We do not have adult services.
son General Hospital	Limited Diversion	Red	Red	0	2	0	2	0	Adult and Geri Psych Beds Unavailable.   Med/Surg beds available for geri psyc or adult psy...
Medical Center - Kenner	Limited Diversion	Purple	Purple	0	5	0	2	0	NO NEUROSURGERY   5 Tele holds in ED   2 PE in ER.   ED Saturation, .Ortho unavailable
tr. of LA-Univ. Camp.	Open	Purple	Purple	0	3	2	18	0	We are accepting Trauma patients.   This facility d a separate Peds ED.   MHERE=15 ER =3
Medical Center - Westbank	Limited Diversion	Red	Red	1	7	0	1	0	No psych/peds. inpt svcs   Tele, All rms full. 7 Tele ER, 1 unit on wall.
Medical Center	Open	Purple	Green	6	6	2	2	0	Holding Tele/Med/ICU/Psych in ED. Hosp on Tele Diversion.
ary	Open	Green	Green	0	1	0	0	0	
ical Center	Open	Black	Green	5	0	1	1	8	1 on the wall   All MS beds are Tele beds   4 ICU p MS in PACU
son Medical Center	Open	Green	Green	0	0	0	2	0	
TUCC	Closed	Black	Black	0	0	--	--	--	Closed to ambulance traffic.   Closed to ambulanc
ptist	Open	Green	Green	2	0	0	0	0	No inpatient psych, L&D, or peds services. No ICU available. No Med Surg beds available.   no ped...

AC	Ops Status	Male Adult Psych	Comment
ospital-New Orleans	Open	0	We are open. Please call all referrals to 762-5140.   No psych services
Specialty Hospital	Open	0	
y West	Open	--	We are operational. Call referrals to 504-349-2470.
e Memorial Hospital (SHNO)	Open	--	Referral number 504-210-3497. Accepts all payer sources including Medicaid.
ice	Open	--	
st Specialty	Open	--	
xtended Care Hospital	Open	--	
AC	Open	--	
n Hospice	Open	--	

Psych	Ops Status	Male Adult Psych	Female Adult Psych	Comment
Care Hospital	Open	0	0	
s Adolescent Hospital	Open	0	0	NOAH is closing, we are not accepting any packets.   NOAH is closing, we are not accepting an

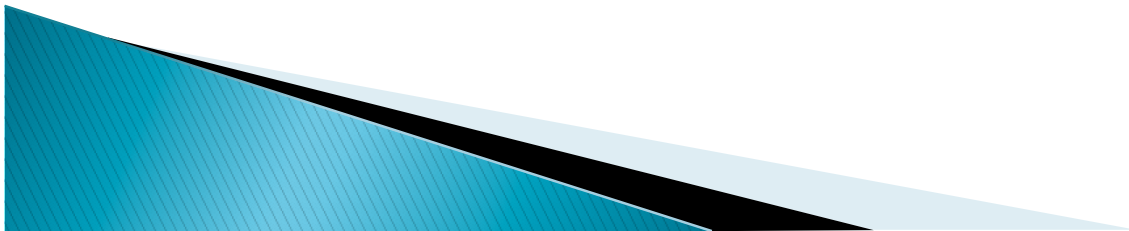
# Improving ED throughput

- ▶ Getting to know hospital by being asked to be on throughput committee
- ▶ Getting to know and communicate with hospital administration
- ▶ Educate hospitals and staff re EMS mission
- ▶ EMSsystems
- ▶ Person to person “give me a break” calls
- ▶ Placing patient in waiting rooms, wheelchairs
- ▶ Finally, and not desirable, but “expedited offload”



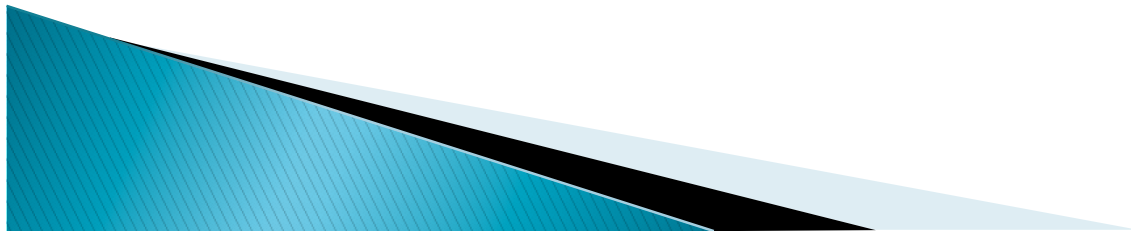
# Response Time Compliance

- ▶ 11:59 (90% of time)
- ▶ 7:59 (38% of time)
  
- ▶ Time ALS in route to patient's side
- ▶ Not inclusive of first responder's times



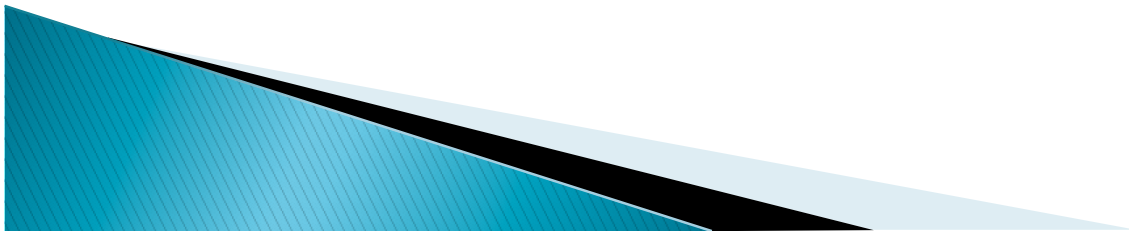
# Bundling Technology to improve out of hospital cardiac arrest ROSC

- ▶ CPR devices: uninterrupted CPR; rescuer fatigue
- ▶ Humeral head IO
- ▶ ITD
- ▶ Pre-hospital Cooling
- ▶ Transport to a Cooling, STEMI center....Resuscitation Centers
- ▶ Early epinephrine
- ▶ Early defibrillation for v-fib



# Early Data...What does it mean?

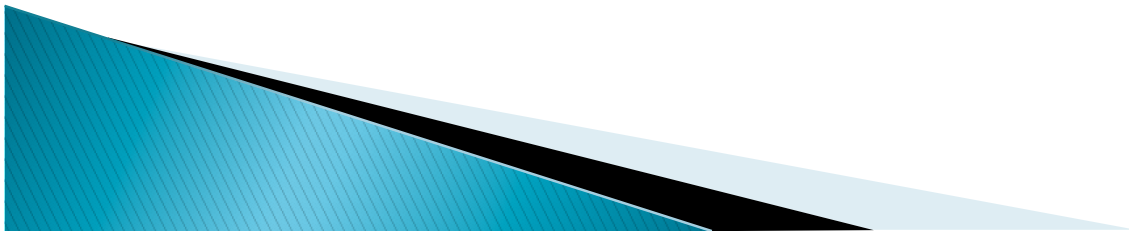
- ▶ 90 arrests; 71 charts for review; all comers
- ▶ ROSC on 21 of 71 (30%)
- ▶ 12 of 21 (17%) sustained to ED admission
- ▶ Only 35 of 71 transported to hospital; rest DEAD





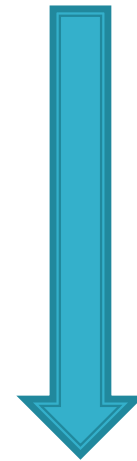
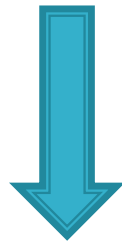
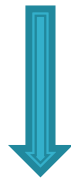
# Bundling Technology/Adjuncts

- ▶ 51 of 71 had LUCAS applied (72%)
- ▶ 56 of 71 had ResQPod (79%)
- ▶ 56 of 71 (79%) had IO access; 36 of 56 (64%) were Humeral Head other were tibial
- ▶ 40 of 71 (56.3%) received full bundle of treatment
- ▶ Sustained ROSC on 5 of 40 patients full bundle (13%)



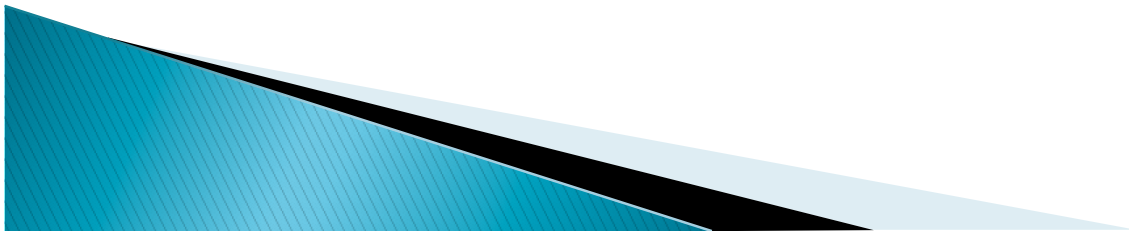
# What does this mean???

- ▶ Need for human studies in high volume cardiac arrest systems
- ▶ Ability to arm study by adjuncts
- ▶ IO IO/ITD IO/Lucas/ITD IO/Lucas/ITD/Cool



# Meaning???

- ▶ Clear as mud...so,
- ▶ Does one adjunct vs bundle make a difference
- ▶ Which bundle?
- ▶ Need to factor out all comers by rhythm and downtime plus or minus time to patient contact (CPR)
- ▶ More next year.....



QUESTIONS???

