# Grady Health System Mobile Integrated Health Evolution

Arthur H. Yancey II, MD, MPH Medical Director, Grady EMS Michael Colman, MPA, NRP Vice President, Grady EMS MIH

> Vision Grady Health System will become the leading public academic healthcare system in the United States



## **The Genesis of GEMS MIH**

#### Grady EMS (GEMS) care delivery team:

- Paramedic
- Advanced Practice Provider (MD, APRN, PA)

#### **Target populations:**

- Reactive response to lowest-level 9-1-1 calls
  - Sore throat, toothache, skin rash, joint pains, etc.
- Scheduled/unscheduled home visits to Loyalty 9-1-1 Customers (more than 5 calls per month)
- High Readmission Risk and other MD Referrals

• CHF, pneumonia, post-MI, COPD, post-hip & post-knee replacement

#### GEMS MIH Team: Paramedic and Physician or APRN





## **GEMS MIH Established Goals**

- Decrease dependency on the 9-1-1 system
- Stabilize increasing 9-1-1 call volume
- Provide access to appropriate care at point-ofpatient contact
- Support/generate Grady primary care appointments
- Decrease hospital readmission based on CMS criteria



## **GEMS MIH APP Scope**

- APP Assessments
  - Prescriptions based on diagnosis
  - Istat (Chem 8, PT/INR, Creatinine)
  - Mobile X-ray services
- Interventions in field
  - Medication reconciliation
  - Review hospital discharge instructions
  - Batteries for medical devices; home oxygen; ambulation aids
  - Connecting with community resources: churches, social work
  - APP billing under office visit or transition of care of discharged patients



### Pill Organizers provided to pts.





## **Paramedic Scope**

- Maintain normal Grady EMS field paramedic scope of practice
  - Scene safety maintenance for APP
  - Communications coordination with 9-1-1 comm center: radio, cell, mobile data terminal/CAD.
  - Schedule patient appointments
  - Follow-up patient phone calls s/p visit
  - Coordination of medication delivery with hospital pharmacy schedule
  - Draw Istat labs at the direction of APP
  - Hospital EPIC charting for care continuity
  - Coordination of non-emergency transportation for outpatient appointments



# Options for online medical direction for MIH

- EMS Attending or EMS Fellow
- Discharged patient's Attending or Fellow
- Specialty service Attending or Fellow



#### 2016 M.I.H. High-Risk Readmit

High risk Hospital readmission		
Total MIH Home Visits	322	
Home visits with MD/APP	269	
Paramedic only follow up	53	
Evaluation only	110	
Ambulance requested during visit and transported	3	
< K, < Hb, CHF Exacerbation		
Refused all	1	
Referral for transportation issue	31	
Evaluation with appointment scheduled	27	
Required MD/APP scope of practice	145	
Diagnosis with med refill	24	8.90%
Diagnosis and new medication or dose prescribed	56	20.80%
Diagnosis with follow up Diagnostics (mobile x-ray service)	3	0.01%
Diagnosis with On scene Labs (Istat)	46	17.10%
Home health started; prescription required	16	5.90%
Total % readmitted within 30-days post DC for same DX.	11	4.08%



- Voluntary program to remove and dispose of medications through sheriff's department.
- Expired or inappropriate medications



## **Concluding Themes**

- 9-1-1 EMS into the front door → MIH out of the back door.
- Use discharged patients bed instead of hospital bed
- Use in-house hospital expertise for out of hospital follow-up and patient management
- Long-stay patients moved to home care with MIH management

