

# DRT or DCR?

## Rethinking Post-Traumatic Circulatory Arrest in Austin!

Mark E. Escott, MD, MPH, FACEP,  
FAEMS, NRP

Medical Director

City of Austin-Travis County EMS System

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What's Your Plan??



# Why bother??

- Survival rates: 0.77%-1.5%
- Some studies have recommended asystole as a contraindication in PTCA resuscitation





Should ALS be  
initiated??

- Journal of Acute Care Surgery 2013
- Retrospective cohort study 2006-2009
- Evaluated survival rates in Post-Traumatic Circulatory Arrest

Leis CC, et al. Traumatic Cardiac Arrest: Should Advance Life Support Be Initiated? [J Trauma Acute Care Surg.](#) 2013 Feb;74(2):634-8.

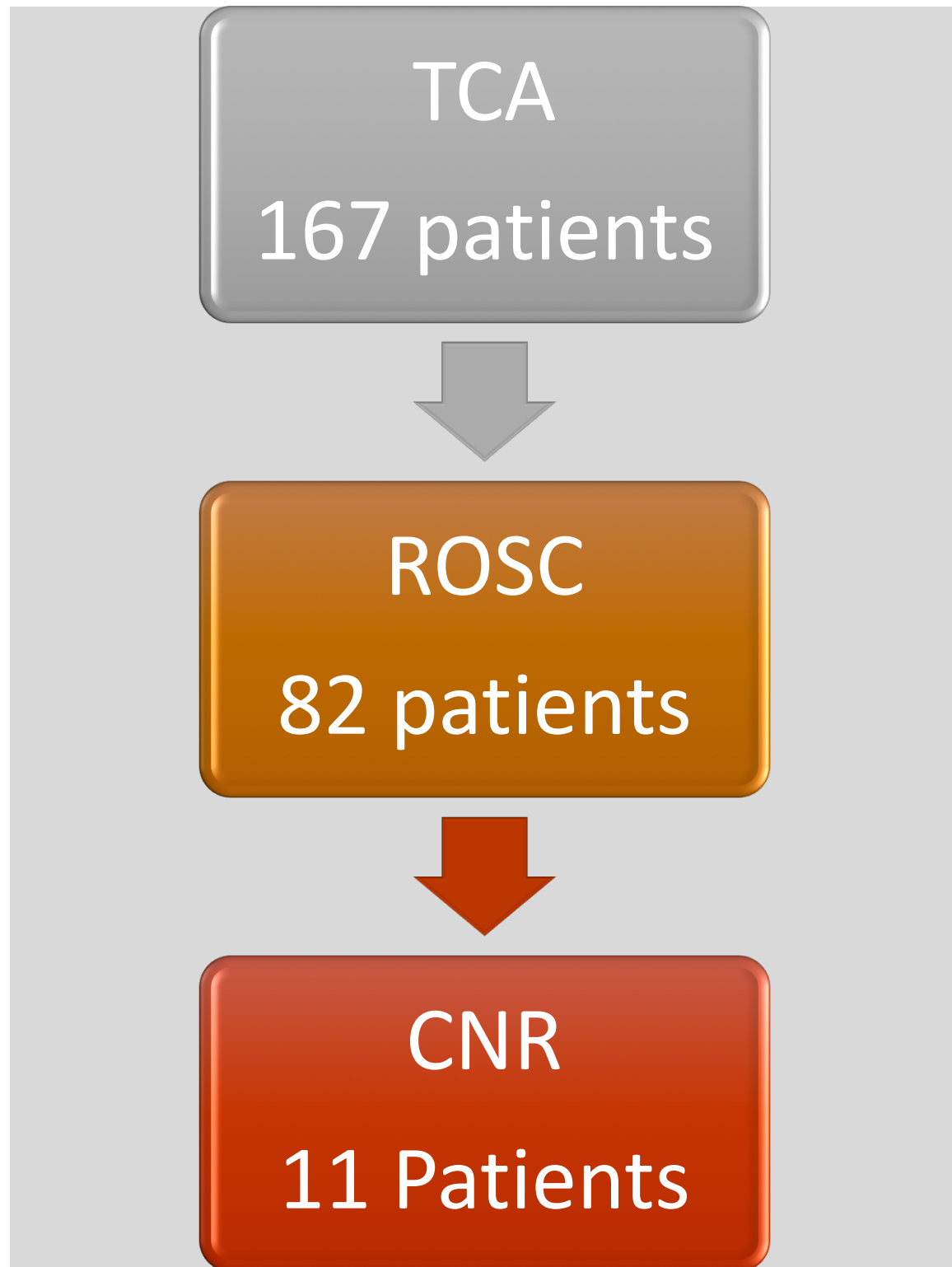


# Should ALS be initiated??

- BLS and ALS units dispatched for PTCA + EMS Supervisor
- ALS includes:
  - Intubation
  - IV fluids
  - Medication administration
  - **POC Ultrasound**
  - **POC lab testing**
  - **Chest tube**
  - **Pericardiocentesis**



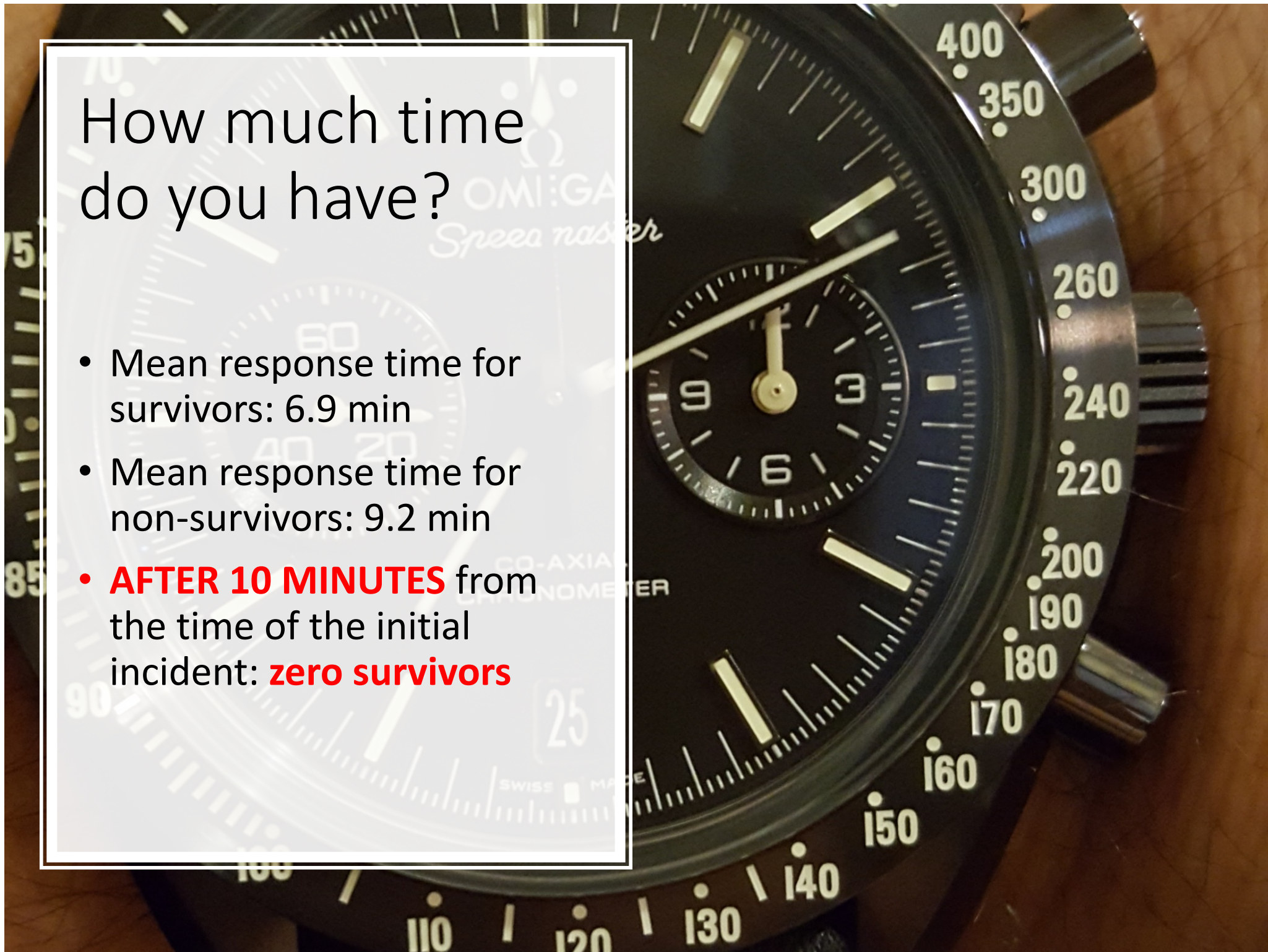
- 49.1% ROSC
- 6.6% CNR
- Children: 23% survival
- Adults: 5.7% survival
- Elderly: 3.7% survival





# How much time do you have?

- Mean response time for survivors: 6.9 min
- Mean response time for non-survivors: 9.2 min
- **AFTER 10 MINUTES** from the time of the initial incident: **zero survivors**



# What difference does the rhythm make?

## ROSC

- VF: 90.9%
- PEA: 60.5%
- Asystole: 40.2%

## CNR

- VF: 36.4%
- PEA: 7%
- Asystole: 2.7%









- Pit Crew CPR for Trauma
- TXA
- POC Ultrasound + PCT
- Whole Blood...Hopefully
- Chest Decompression....SOMETHING NEW!



# Needle Thoracostomy



# Simple Thoracostomy: Moving Beyond Needle Decompression in Traumatic Cardiac Arrest

Fri, Mar 28, 2014 | By [Mark E.A. Escott, MD, MPH, FACEP](#) , [Guy R. Gleisberg, MBA, BSEE, NREMT-B, EMS-I](#) , [Kasia Kimmel, MD](#) , [Andrew Karrer, LP](#) [Andrew Karrer, LP] , [Jared Cosper, BS, LP](#) [Jared Cosper, BS, LP] , [Brett J. Monroe, MD](#)



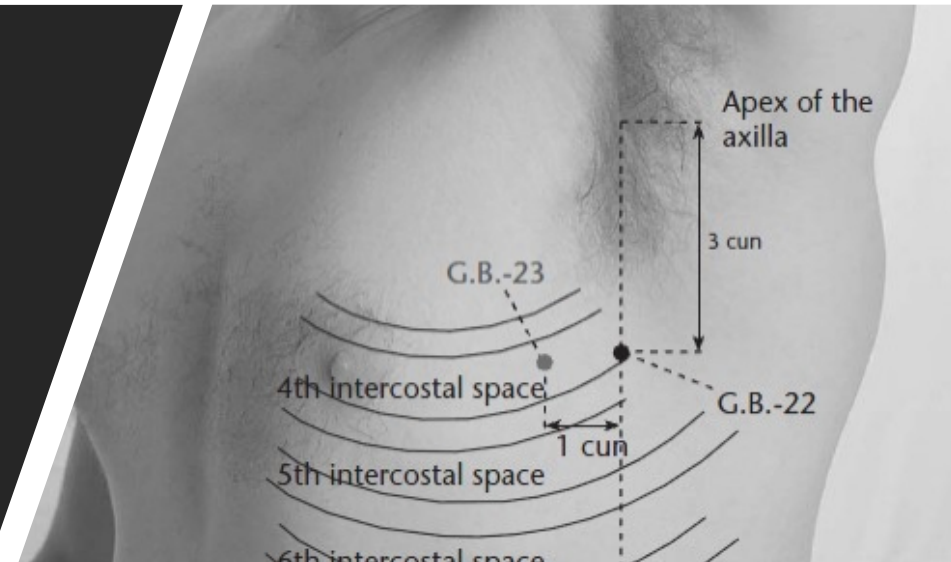
*Needle thoracostomy, by the anterior approach, is currently the preferred emergent EMS chest decompression procedure. Photo Kevin Nutt/Montgomery County Hospital District*





# Simple Thoracostomy

4<sup>th</sup> or 5<sup>th</sup> intercostal space midaxillary line



# Indications

PTCA with known or suspected injury to the chest and/or abdomen





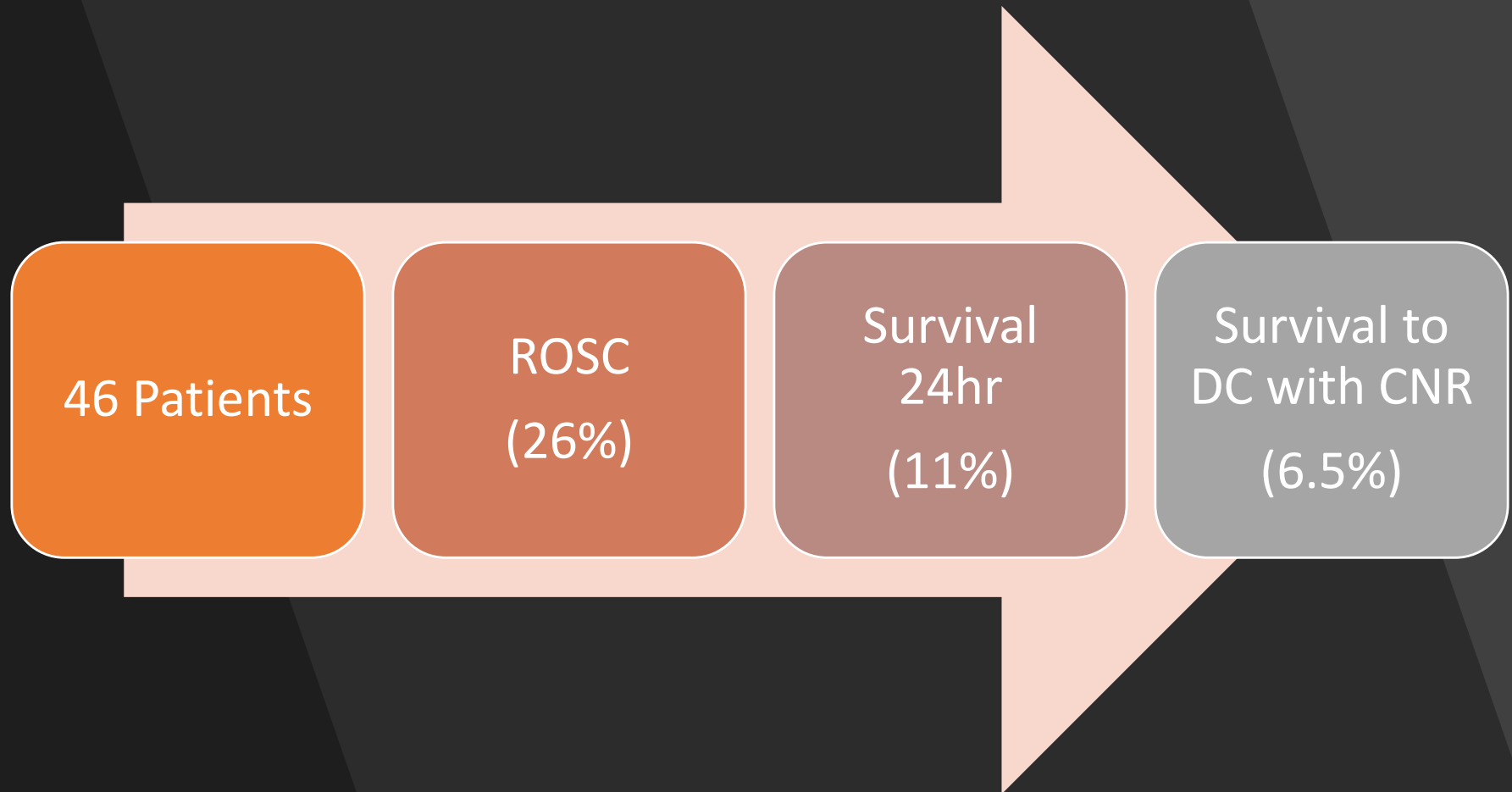
**Any patient that has cardiac output, including hypotensive patients.**

**Last known alive > 10 minutes.**

**Contraindications**



# The MCHD Experience



A person is silhouetted against a vibrant sunset sky, standing on a dark hill. The sky is filled with golden and orange clouds, with the sun low on the horizon. The overall mood is one of hope and renewal.

YOUR  
SEASON  
OF  
HOPELESSNESS  
IS  
OVER

*Steve Meyers*  
IT'S SUPERNATURAL!™



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