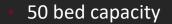


LOS ANGELES FIRE DEPARTMENT SOBER UNIT Sobriety Emergency Response Unit

Background

- Los Angeles Fire Department (LAFD) is the sole provider of 911-EMS response for City of Los Angeles (pop. 4.2 mil)
- California law only permits EMS Providers to transport to ED's
- Accelerated growth among
 - Low-acuity 911-users
 - Inebriated patients
- Nov 2017: LAFD launches Sobriety Emergency Response (SOBER) Unit
 - FF/PM + Nurse Practitioner + Case Worker

Sobering Center



Open 24 hours per day, 365 days per year

Providing respite, showers, hydration, light snacks, some medical monitoring, if necessary

Length of stay to be an average of 6-12 hours

- Linkage to care
 - Social, behavioral, housing



Sober Unit Screening

- 1. If age > 65, GCS = 15
- 2. No known loss of consciousness within 24 hours (e.g., syncope, seizure)
- 3. Not known to be pregnant
- 4. Not known to be on anticoagulants
 - a. warfarin/Coumadin
 - b. clopidogrel/Plavix,
 - c. enoxaparin/Lovenox,
 - d. rivaroxaban/Xarelto,
 - e. dabigatran/Pradaxa,
 - f. apixaban/Eliquis,
 - g. edoxaban/Savaysa,
 - h. fondaparinux/Arixtra
- 5. HR between 50 -120
- 6. SBP ≥ 100 and no clinical signs of relative hypotension
- 7. RR between 12-24
- 8. SpO2 ≥ 92%
- 9. No bruising/hematoma above clavicles
- 10. No acute GI bleeding
- 11. Blood glucose between 60-250
- 12. Findings from First Field Resource Screening confirmed
- 13. Clinical impression of alcohol intoxication
- 14. Voluntary consent or presumed consent (when not oriented enough to give verbal consent) to go to the Sobering Center



