

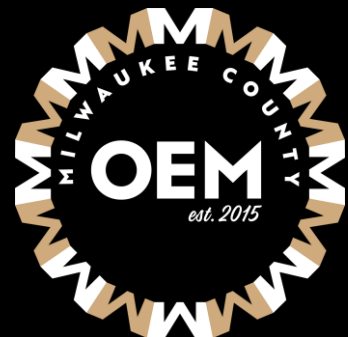


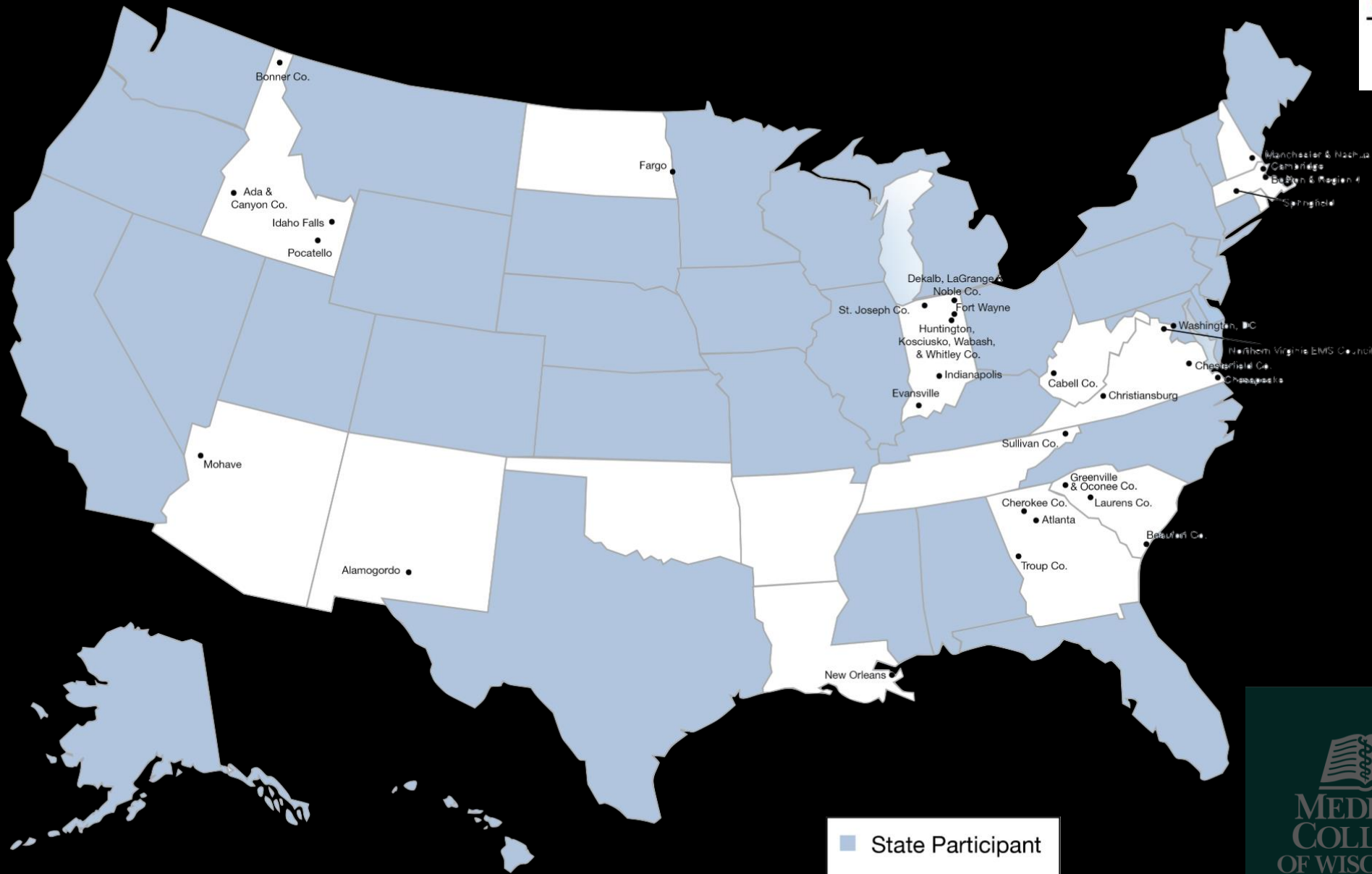
# Who C.A.R.E.S.?

Why Should We Use the National Cardiac Arrest Registry to Enhance Survival

Ben Weston, MD, MPH, FAEMS

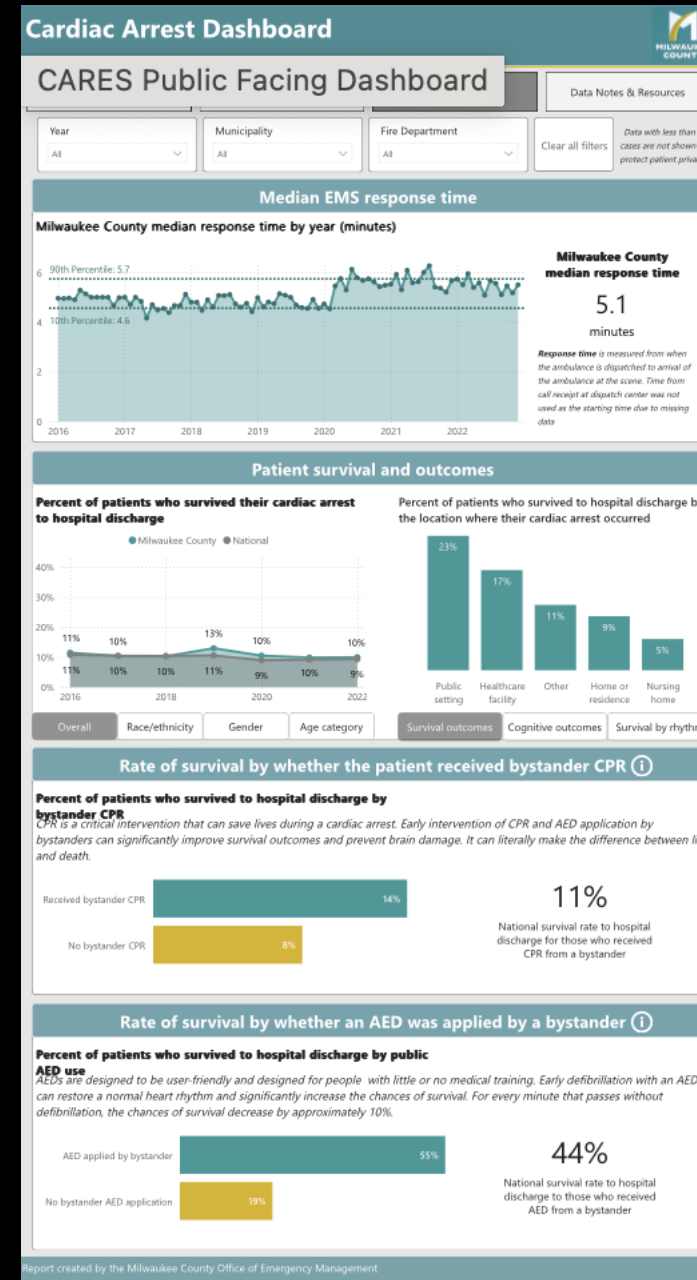
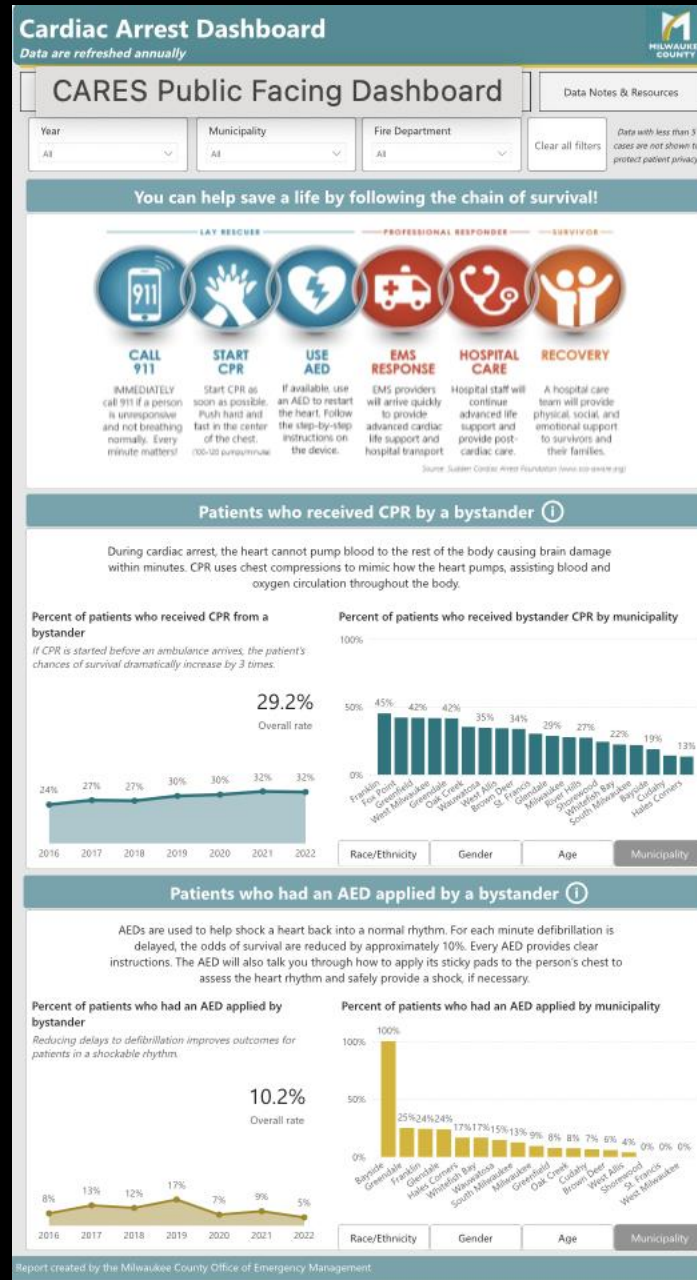
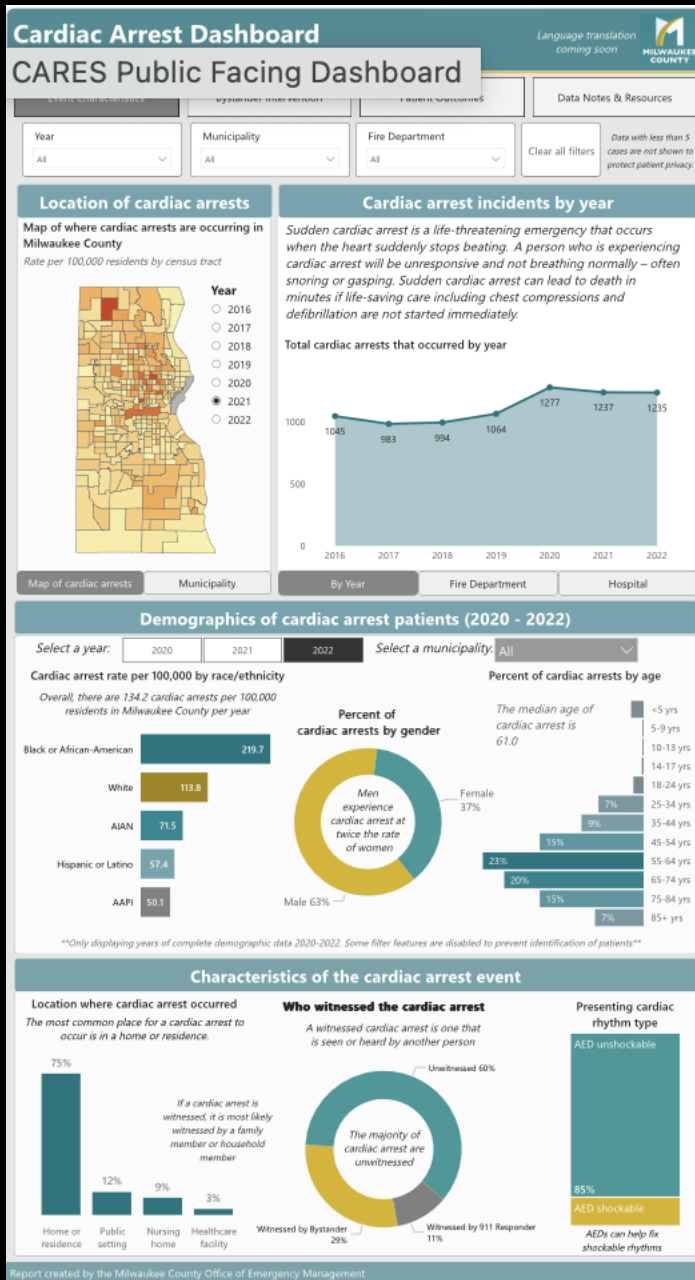
Chief Medical Director  
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@BenWWeston

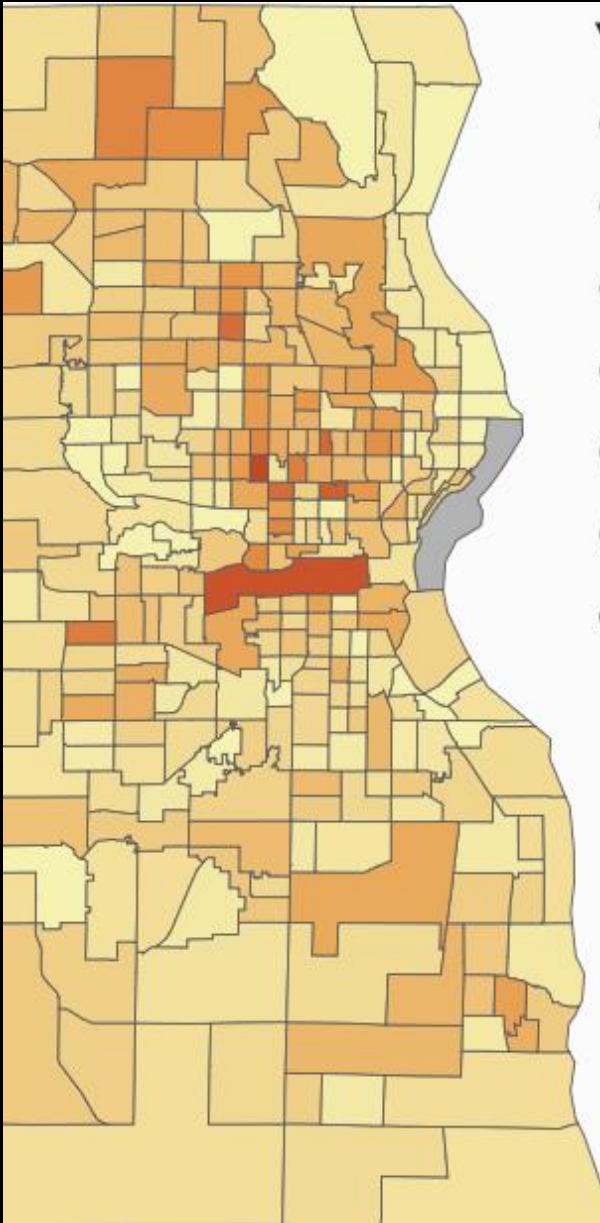




Leverage your data **internally**...  
and **externally**.

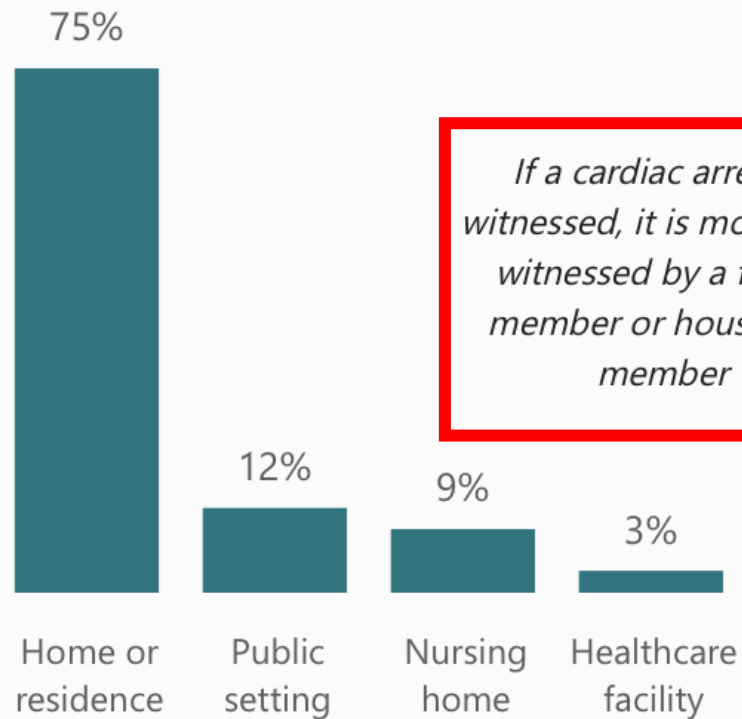






### Location where cardiac arrest occurred

*The most common place for a cardiac arrest to occur is in a home or residence.*



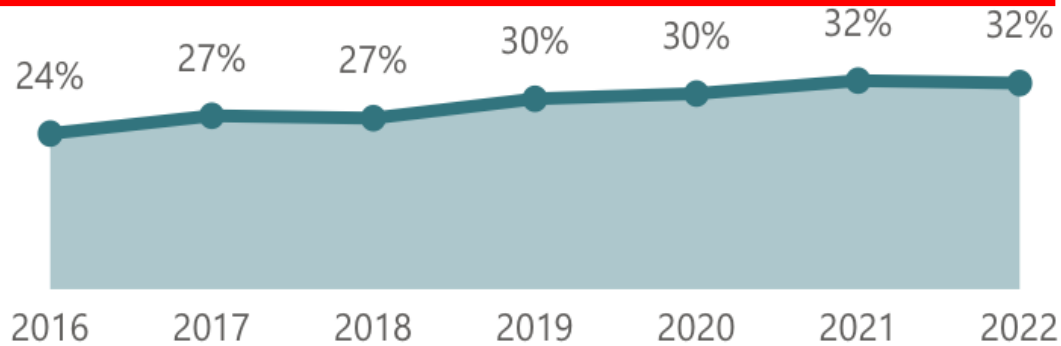
*If a cardiac arrest is witnessed, it is most likely witnessed by a family member or household member*



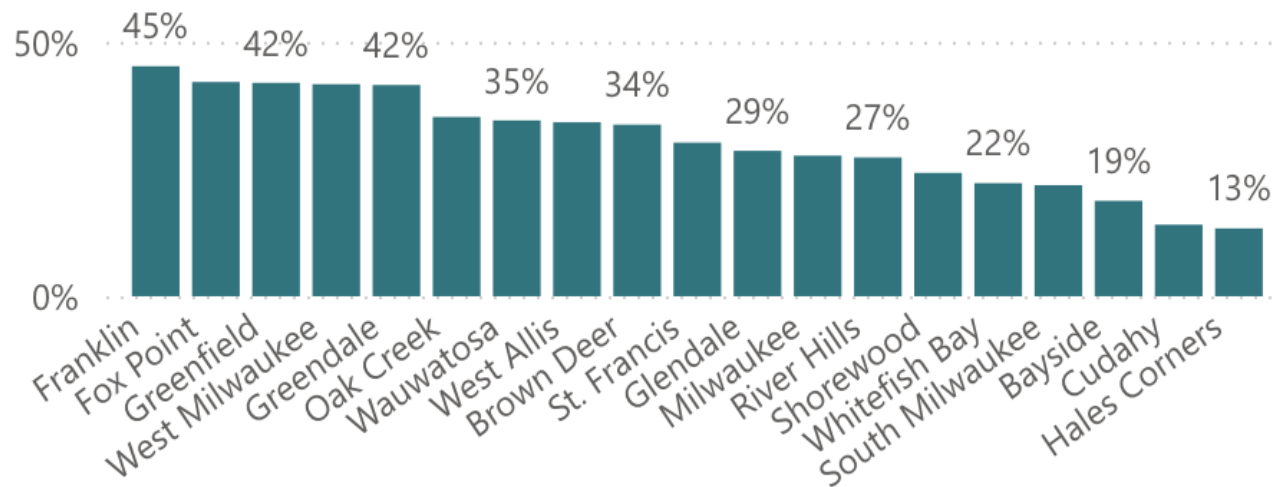


## Percent of patients who received CPR from a bystander

*If CPR is started before an ambulance arrives, the patient's chances of survival dramatically increase by 3 times.*



## Percent of patients who received bystander CPR by municipality



You have the data

Use it

Share it



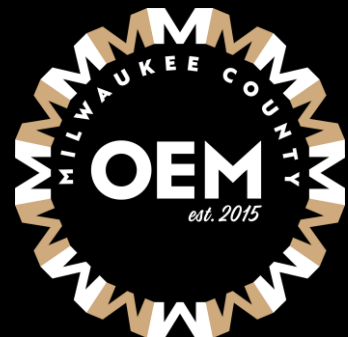
# Thank you

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Heads up  
on CARES.

## Survival for Nonshockable Cardiac Arrests Treated With Noninvasive Circulatory Adjuncts and Head/Thorax Elevation\*

**OBJECTIVES:** Cardiac arrests remain a leading cause of death worldwide. Most patients have nonshockable electrocardiographic presentations (asystole/pulseless electrical activity). Despite well-performed basic and advanced cardiopulmonary resuscitation (CPR) interventions, patients with these presentations have always faced unlikely chances of survival. The primary objective was to determine if, in addition to conventional CPR (C-CPR), expeditious application of noninvasive circulation-enhancing adjuncts, and then gradual elevation of head and thorax, would be associated with higher likelihoods of survival following out-of-hospital cardiac arrest (OHCA) with nonshockable presentations.

**DESIGN:** Using a prospective observational study design (ClinicalTrials.gov NCT05588024), patient data from the national registry of emergency medical services (EMS) agencies deploying the CPR-enhancing adjuncts and automated head/thorax-up positioning (AHUP-CPR) were compared with counterpart reference control patient data derived from the two National Institutes of Health clinical trials that closely monitored quality CPR performance. Beyond unadjusted comparisons, propensity score matching and matching of time to EMS-initiated CPR ( $T_{CPR}$ ) were used to assemble cohorts with corresponding best-fit distributions of the well-established characteristics associated with OHCA outcomes.

**SETTING:** North American 9-1-1 EMS agencies.

**PATIENTS:** Adult nontraumatic OHCA patients receiving 9-1-1 responses.

**INTERVENTIONS:** In addition to C-CPR, study patients received the CPR adjuncts and AHUP (all U.S. Food and Drug Administration-cleared).

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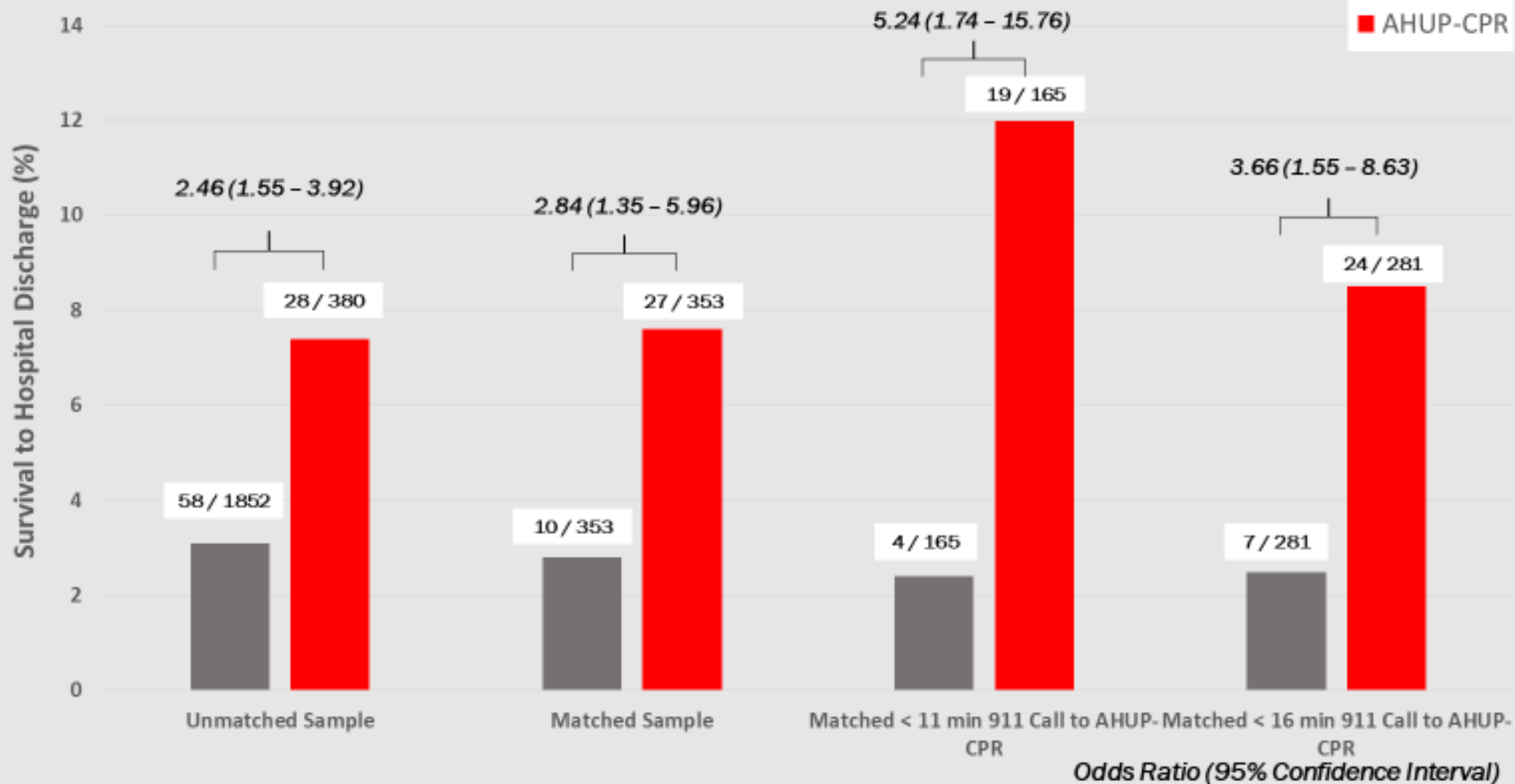
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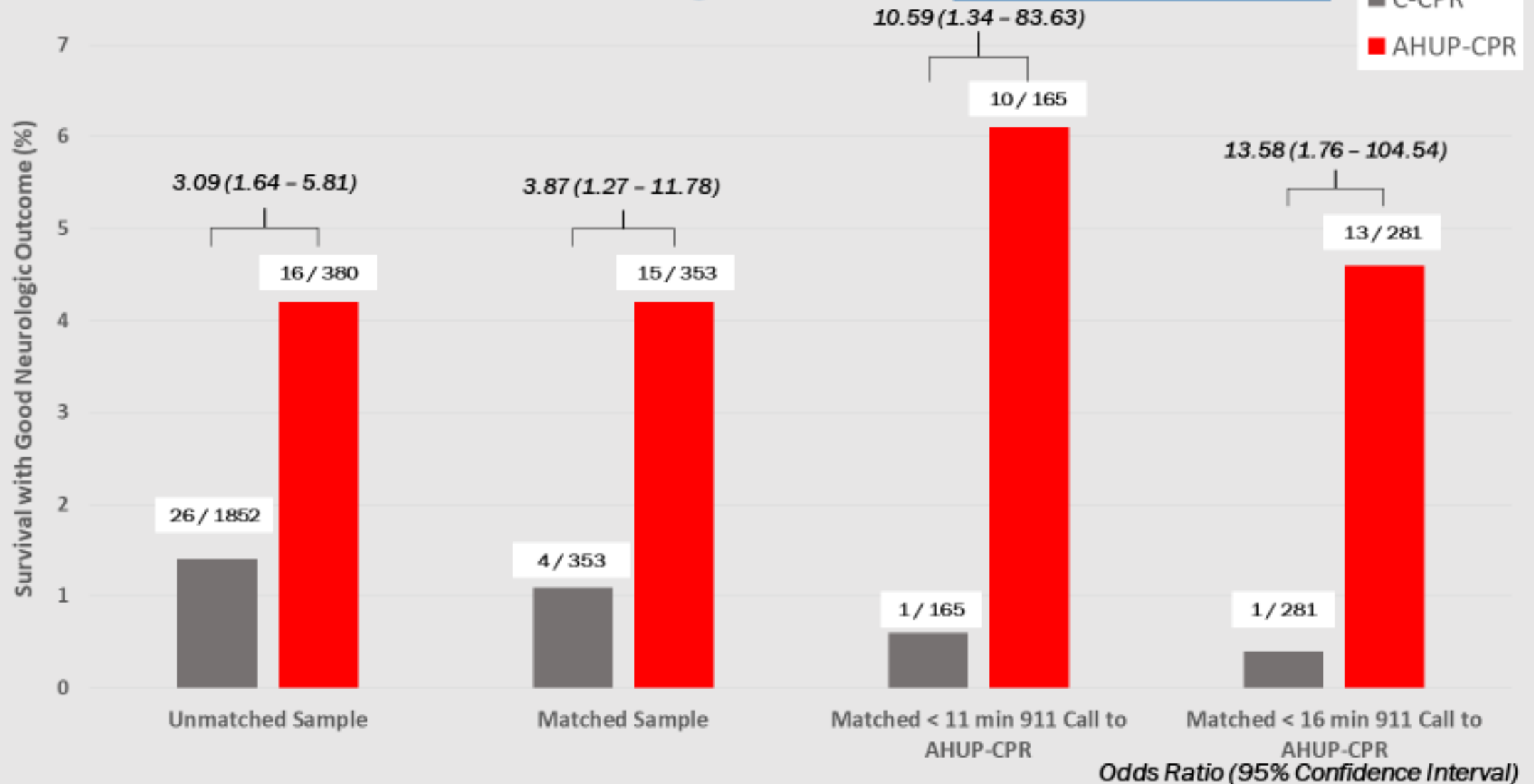
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## Survival to Hospital Discharge for Non-shockable Patients



## Survival with Good Neurologic Outcome for Non-Shockable Patients



# PEA and Asystole OUTCOMES

**PEA (Unadjusted) Neuro Intact Survival was 9.8%**  
**9.8% vs 3.3% (p= 0.002)**

**Asystole (Unadjusted) Survival to Discharge was 4.1%**  
**7 / 169 (4%) VS 10 / 668 (1.5%) (p=0.03)**

**even though 73% of NP-CPR were unwitnessed Asystole vs 59% for C-CPR controls**

STAR RESEARCH PRESENTATION: MACHINES AMONG US

# 21: FUNCTIONAL SURVIVAL AFTER CARDIAC ARREST: IMPACT OF CPR ADJUNCTS COMBINED WITH HEAD/ THORAX ELEVATION

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# Head Up CPR vs Conventional CPR (CARES): All adult OHCA patients

	Head Up-CPR Registry through 2022 St. Johns County FL, Peoria IL, Edina MN, Tuscaloosa AL, Germantown TN, Edmond OK, Chesapeake VA	CARES 2021/2022
# of Cases	1449	286,525
Sustained ROSC	29.4% (n=426) (range: 21-38%)	27.0% (n=77301) <sup>#</sup>
Survival to D/C% (#)	13.7% (n=183)(range: 8-17%)	9.2% (n=26,316) <sup>#</sup>
Survival with Good Neuro Outcome% (#)	10.4% (n=150)(range: 8-14%)	7.3% (n=20,889) <sup>##</sup>
<sup>#</sup> $p < 0.001$ <sup>##</sup> $p < 0.01$		Bachista et al. NAEMSP 2024

**42.5 % more intact survivors**



Head Up CPR vs Conventional CPR (CARES):  
Witnessed shockable (Utstein) out-of-OHCA

	Head Up-CPR Registry through 2022	CARES 2021/2022
# of Cases	221	29,338
Sustained ROSC% (#)	54.3% (n=120)(range: 42-58%)	49.1% (n=14,407) #
Survival% (#)	39.8% (n=n=88) (range: 35-54%)	28.5% (4192) ##
Survival with Good Neuro Outcome% (#)	35.3% (78) (range: 29-54%)	25.1% (n=3692) ##
#p<0.02		
##p<0.001	<u>40.6 % higher intact survival</u>	Bachista et al NAEMSP 2024

